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## MEDIA KIT

Narcissistic Abuse Rehab was founded in June 2019 by Certified Trauma Recovery Coach M. Wakefield as a digital safe space where survivors can access awareness, empowerment and healing.

Narcissistic Abuse Rehab started as a YouTube Channel in June 2019 when we published our first video 'Projection is a Narcissist's Autobiography.'

We joined Twitter the same month and in September the same year, we broadcast out first podcast.

In September 2019, we launched the first episode of our podcast. The Narcissistic Abuse Rehab Podcast is available on the following platforms:

- Apple Podcast
- Spotify Podcast
- Stitcher Podcast
- Breaker Podcast
- Google Podcast
- Overcast Podcast
- Pocket Podcast
- Radio Public
- Castbox Podcast
- Soundcloud

To date, our current audience is 11 970 subscribers/followers across all of our platforms.

## NARCISSISTIC ABUSE REHAB IN NUMBERS



LAST UPDATED: 15 July 2020