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## MEDIA KIT

Narcissistic Abuse Rehab was founded in June 2019 by Certified Trauma Recovery Coach M. Wakefield as a digital safe space where survivors can access awareness, empowerment and healing.

Narcissistic Abuse Rehab started as a YouTube Channel in June 2019 when we published our first video 'Projection is a Narcissist's Autobiography.'

We launched our Twitter the same month.

In September 2019, we published the first episode of our podcast. The Narcissistic Abuse Rehab Podcast is available on the following platforms:

- Apple Podcast
- Spotify Podcast
- Stitcher Podcast
- Breaker Podcast
- Google Podcast
- Overcast Podcast
- Pocket Podcast
- Radio Public
- Castbox Podcast
- Soundcloud
- Amazon Music
- Vurbl Podcast

To date, our current audience is 15 589 subscribers/followers across all of our platforms.

## NARCISSISTIC ABUSE REHAB IN NUMBERS



YOUTUBE FOLLOWERS



TWITTER FOLLOWERS



PODCAST SUBSCRIBERS



E-MAIL SUBSCRIBERS



PINTEREST SUBSCRIBERS



INSTAGRAM FOLLOERS

LAST UPDATED: 16 January 2021